

## **Our Shopping List**



# Shopping List

## Butter:

Salted Butter	pack 200g
Butter without Salt	pack 227g
Butter without Salt (mini portion)	pack 10g
Butter Flora	pack 500g
Butter Tropic Pistachio	pack 250g

## Biscuits:

Boudoirs	pack 450g
Speculos	pack 225g
Provita	pack 250g
Gaufrette	pack 75g
Shapes	pack 175g

## Cereals:

Cereals Alpen Muesli	pack 625g
Cereals Coco Pops	pack 375g
Cereals Cornflaxes	pack 375g
Cereals Oats	pack 500g
Cereals Special K	pack 500g
Cereals Weetabix	pack 430g
Cereals All Bran Flakes	pack 500g


## Mushroom:

Oyster Mushroom	pack 425g
Straw mushrooms	pack 425g

## Jam:

Orange Jam	tin 370g
Apricot Jam	tin 370g
Raspberry Jam	tin 370g
Pineapple Jam	tin 30g
Banana Jam	tin 30g
Orange Jam	tin 30g
Strawberry Jam	tin 30g

## Flour:

Flour Besan	pack 500g
Flour Bise	pack 1kg
 Flour Pizza Decceco	pack 1kg
Flour Semolina	pack 1kg
Flour Tempura Ko Battermix	pack 1kg
Flour Ground Rice	pack 500g
Rice Galette 22 cm	pack 500g
Ginger Picked	pack 454g
Glutinous rice	pack 500g

## Pulses:

Black Lentils	pack 500g
Red Lentils	pack 500g
White Kidney Beans	pack 500g
Red Kidney Beans	pack 500g
Baked beans	pack 410g

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## Oil:

Truffle Oil                      bottle 250ml  
Extra Virgin Olive Oil        bottle 1l

## Pasta:

Pasta Farfalle No 93 Dececco    pack 500g  
Pasta Fusilli Dececco            pack 500g  
Pasta Fusilli Tricolore           pack 500g  
Pasta Lasagnas No 112 Dececco pack 500g  
Pasta Linguini                    pack 500g  
Pasta Macaroni                  pack 500g  
Pasta Penne                      pack 500g  
Pasta Spaghetti                 pack 500g  
Pasta Tagiatelle                 pack 500g  
Pasta Pipe Rigate No 49        pack 500g  
Grilled Vermicelli              pack 175g

## Tea, Coffee & Cocoa:

Coffee Ricofy                    tin 750g  
Coffee Ristretto Nestle        tin 500g  
Coffee Decafeine                tin 250g  
Coffee nespresso Arpeggio     box of 10  
Coffee Nespresso decafeinato   box of 10  
Coffee Nespresso Ristretto    box of 10  
Coffee Nespresso Roma        box of 10  
Coffee Nespresso Volutto      box of 10  
Cocoa Powder                  tin 250g



## Sauces:

Saba Quinoa                    bottle 500g  
Barbecue Sauce                bottle 340g  
Cha Siu Sauce                 bottle 397g  
Fish Sauce                     bottle 640ml  
HP Sauce                      bottle 2 25g  
Hoisin Sauce                 bottle 210ml  
Kikoman Sauce                bottle 1l  
Lea & Perrins Sauce         bottle 290ml  
Oyster Sauce                 bottle 810g  
Plum Sauce                    bottle 425g  
Satay Sauce                  bottle 425g  
Soy Mushroom Sauce        bottle 640ml  
Sweet Chili Sauce             bottle 830g  
Tabasco Sauce                bottle 60ml  
Harissa Sauce                bottle 135g

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## Snacks:

Banana Chips pack 400g  
Prawn Crackers pack 225g  
Nachos 1kg

## Sugar:

Light Muscovado Sugar pack 500g  
Golden Granulated Sugar pack 500g  
Standard Demerra Sugar pack 500g  
Muscovado (dark) Sugar pack 500g

## Vinegar:

Balsamic Vinegar bottle 1l  
Blanc de Medine Vinegar bottle 1l  
Rice Vinegar bottle 630ml  
Tarragon Vinegar bottle 1l  
Raspberry Vinegar bottle 75cl  
Sherry Vinegar bottle 75cl

## A,B,C...

Whole Almonds pack 500g  
Green Asparagus pack 425g  
Crushed Wheat pack 400g  
Coconut Powder pack 500g  
Coconut (cream of ) pack 467g  
Artichoke heart (4/4) tin 850g  
Fine Capers (4/4) tin 850g  
Corn Beef Imperial tin 340g  
Corned Mouton Watsonia tin 340g  
Couscous tin 500g

Rose water bottle 500ml

Eggs piece

Feuille de Brique pack 170g

Ketchup tomato tin 30g

Syrup Letchis tin 567g

Macadamia tin 125g

Tomato Mackerel tin 425g



Maize Cream tin 420g

Whole Maize tin 425g

Ghee QBB tin 500g

Black Jelly Mousse tin 530g

Mustard a l' ancienne tin 30g

Pasta filo tin 500g

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Sweet Red Pepper	tin	390g
Pearl Truffle	tin	45g
Chili (paste)	tin	30g
Pistachio Tropic	tin	400g
Polenta	tin	500g
Bambous Shots	tin	552g
Pitted Dry Pulms	pack	500g
Pumpernicle bread	pack	500g
Suchi Rice	pack	2.5kg
Seaweed- EWakame cut	pack	200g
Imported Fine Salt	pack	500g
Sesame (seeds of )	pack	500g
Sesame (paste Tahini)	pack	v1kg
Sour Light cream	brick	v1l
Whole Tuna with Oil	tin	v185g
Wasabi (Paste of )	pack	43g
Water chesnut	tin	v567g
Yaki Nori (20 leaves of)	pack	
Young Corn	tin	v425g

## Fruits

Pineapple	piece
Green Banana	piece
Dry Coconut	piece
Grapefruit	100g
Red Grapes	100g
Green Grapes	100g
Kiwi	piece
Lemon	100g
Local lemon	100g
Imported Melon	100g
Imported Yellow Melon	100g
Water Melon	100g
Orange	100g
Green Papaya	100g
Solo Papaya	100g
Red Apple	100g
Green Apple	100g



## Seasons

Mangoes	October—February
Litchis	November— December
Guava	March—June
Jack Fruit	July—September
Passion Fruit	January—March
Strawberry	August—November

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## Vegetables

Garlic	100g
Arouille Local	100g
Green Asparagus	100g
Local Beetroot	100g
Pumpkin Bredhe	100g
Brede songe (Black)	100g
Brede Tompouce	100g
Cabbage (red)	100g
Cabbage	100g
Calebasse	100g
Local Carot	100g
Local Cauliflower	100g
Local Celery	100g
Paris Mushroom	barquette
Citronella	100g
Chouchou	100g
Palm Heart	piece
White Cucumber	100g
Local Green Cucumber	piece
Water Cress	100g
Spinach	100g
Egg Plant (long)	100g
Local Fennel	100g
Ginger	100g
Pumpkin	100g
Green Peas	100g

## Vegetables

Curled Local Lettuce	piece
Small medallion Lettuce	piece
Lollo Rosso Lettuce	piece
Romain Letuce	piece
Rocket Lettuce	100g
Casava (Tapioca)	100g
Bittergourd	100g
Onion (red)	100g
Onion (White)	100g
Curled parsley (local)	100g
Flat Parsley (local)	100g
Gourd	100g
Green Chili	100g
Pipangaille	100g
Local Yellow Pepper	100g
Local Red Pepper	100g
Green Pepper	100g
Sweet Potato	100g
Garlic Stalks (Kim choy)	100g
Onion Stalk	100g
Radish	100g
Local tomatoes (pomme d'amour)	100g



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## Frozen Vegetables

Green Asparagus	piece of +/- 1k g
Brocoli	piece of +/- 1.5kg
Cauliflower	Piece of +/- 2kg
Green Peas	Piece of +/- 2kg
Mix Vegetables	Piece Of +/- 2kg
Spinach	Piece of +/- 1kg

## Season Vegetables

Local Brocoli	1kg
Bread Fruit	piece
Corn on the Cob	Piece

## Fines Herbs

Fresh Basil Leaves	100g
Spring Onions	100g
Coriander	100g
Curry Leaves	100g
Mint (Fresh Leaves)	100g
Rosemary	100g
Thyme (fresh)	100g



## Spices

Provence Herbs	Flask (18g)
Dry Taragon	Flask
Whole Basil	Flask (10g)
Zaffran Spice	1g
Nutmeg Spice (Whole Black)	Flask
Oregano Pizza Spice	Flask (15g)
Sweet Paprika Spice	Flask (40g)
Four Spices	Flask
Raz el Hanout Spice	100g
Rosemary Spice	Flask (27g)
Spigol Spice	100g
Thai Green Pasta Curry Spice	tin 400g
Thai Spice - Red Pasta Curry	tin 400g

## Mauritian Specialities

Shrimp Chatini	tin 175g
Briani Spice	pack 100g
Halim Spice	pack 100g
Kalia Spice	pack 100g
Curry Rajah Powder Spice	pack 200g
Tandoori Spice	pack 50g
Vindaye Spice	tin 100g
Pappadam spicy Spice	pack 200g
Butter Beans	tin 500g
Local Mazavaroo	tin 350g
Meefoon	pack 500g
Bilimbi Pickle	tin 200g
Mango Pickle	tin 200g
Sagoo	pack 500g

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## Dairy Products

Nestle Cream	tin	290g
Custard Cream	pack	375g
Nesquik Chocolate Beverage	tin	500g
Fresh Cream UHT	brick	1l
Candia Milk Semi Skimmed	brick	1l
Candia Milk full cream	brick	1l
Powder Milk Gloria	pack	500g
Condensed Milk	tin	390g
Fruits Yogurt	cup	125g
Natural Yogurt	cup	125g

## Cheese

Mascarpone	pack	250g
Mozarella Buffalo	pack	125g
Parmesan (Whole)	piece	1kg
Cream (cheese cream)	piece	1kg
Cheddar	piece	250g

## Special

Flora Butter (Without lactose)	tin	500g
Soja Milk (Without lactose)	brick	1l
Gluten free flour	pack	1kg
Gluten free linguini pasta	pack	250g
Lactose free soya beans	pack	500g

## Honey

Honey Eucalyptus	tin	30g
Honey Local	tin	1l

## Meat

Beef (Tenderloin) Frozen	piece	(± 1,3kg)
Stag (leg Bone F) Frozen	piece	(± 5,kg)
Leg of Lamb (deboned—Frozen)	piece	(± 3,5kg)
Lamb Loin Frozen	piece	(± 700g)
Chicken breast	piece	(± 500g)

## Seafood Products

Fish Balls	pack	500g
Smoked Marlin (Slices)		150g

## Coldcuts



Beef Sausages	pack	450g
Chipolatas Sausages	pack	1kg
Pork Sausages	pack	450g
Chicken Sausages (mini frankfurt)	pack	340g
Bacon back (Frozen)	pack	1kg
Salami bavarois (Slices)	pack	1kg
Chorizo (Slices)	pack	1kg
Epaule Ham (Slices)	pack	1kg
Chicken Ham (Slices)	pack	1kg
Smoked Creole Sausages	pack	1kg
Smoked Whole Chicken	Piece	

Alimentary ice cube or crushed ice      kilo



# Shopping List

## Cleaning / Washing supplies

Abrasive cleaning sponge (Pinky)	3 pieces
Sponge (spontex)	
Detergent (Crest)	700ml
Dishwasher Detergent (MIR)	tablet
Washing Powder (Le Chat)	90ml
Toilet Paper	piece
Anahita Soap	piece 50g